

Meet Sadie.....



Sadie is 4 years old and benefits from hydrotherapy due to very high tone in the muscles in her legs.

Sadie requires physiotherapy three times every day to stretch her tight muscles and enable her bones to grow in line. She wears splints on both legs day and night which provide a constant stretch.

In a warm water environment, Sadie's legs can be given a really good stretch as her muscles are more subtle. Her upper body balance is strengthened therefore enabling her to mobilise easier.

For hydrotherapy to have any significant effect for Sadie it is required on a regular basis and this is not currently available in Cornwall.



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CORNWALL HYDROTHERAPY CENTRE

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