

# Meet Sadie.....



Sadie is 4 years old and benefits from hydrotherapy due to very high tone in the muscles in her legs.

Sadie requires physiotherapy three times every day to stretch her tight muscles and enable her bones to grow in line. She wears splints on both legs day and night which provide a constant stretch.

In a warm water environment, Sadie's legs can be given a really good stretch as her muscles are more subtle. Her upper body balance is strengthened therefore enabling her to mobilise easier.

For hydrotherapy to have any significant effect for Sadie it is required on a regular basis and this is not currently available in Cornwall.



The

"CASH for SPLASH"

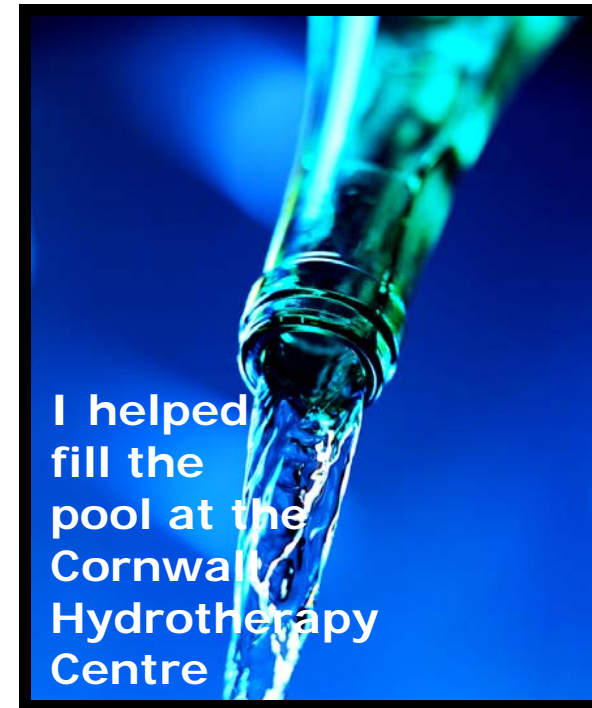
Campaign  
is sponsored by

THE  
NEWQUAY VOICE  
NEWSPAPER

*Newquay Hydrotherapy Pool  
(Registered Charity No. 1070094)*

# CORNWALL HYDROTHERAPY CENTRE

*"A Local Initiative with National Significance"*



"CASH for SPLASH"





# "CASH for SPLASH"

Would you like to help fill the pool at the Cornwall Hydrotherapy Centre?

**YES!** Please complete as appropriate and return it to the address below. Please make cheques payable to:

NEWQUAY HYDROTHERAPY POOL

I want to make a one-off donation of £.....

I do / do not want tax to be re-claimed on this gift.

Name: .....

Address: .....

Post Code: .....

E-mail address: .....

Please return to:  
Stephen Potts, Tregesea Cottage,  
11 Vicarage Road, St. Agnes, TR5 0TJ

*Thank you for your support*

**"A waterfall starts with just one drop of water"**

The Cornwall Hydrotherapy Centre will cost around £3.5 million to build.

The hydrotherapy pool at the Centre will require 50,000 litres of water to fill it.

The "CASH for SPLASH" Campaign is looking to raise £1 million in 1 Year to fill our pool.

We are asking you to please consider helping us fill the hydrotherapy pool by financially supporting us in reaching our goal.

**Every litre of water counts  
This is your chance to give a little to  
make a BIG difference**

The Charity Newquay Hydrotherapy Pool was started in 1996 to raise funds to provide a hydrotherapy pool for the improvement of public health in Newquay and the surrounding area.

Since then great strides have been made to develop this project not just for the Newquay area, but for the whole of Cornwall.

The Cornwall Hydrotherapy Centre is moving closer to becoming a reality. The new Centre will include;

- Hydrotherapy pool
- Small pool for babies and children
- Treatment rooms
- 8 respite suites

This is an exciting project and one that will make a great difference to many people across Cornwall.

